



APPLEBY ROTARY 10K & EDEN VALLEY FUN RUN



APPLEBY GRAMMAR SCHOOL
SUNDAY 28 JUNE 2015

A fast, scenic, one lap road race set in the beautiful Eden Valley
together with the increasingly popular Eden Valley Fun Run makes this a
great day out for all the family

All money raised goes to our local schools

Fun Run starts at 10.30am

10k starts at 12 midday (over 16 only)

Pre-entry: £10 affiliated £12 unaffiliated

£3 extra for entry on the day if places available

Trophies for the usual categories with a medal for each competitor

£100 cash prize for winning the men's or women's race & setting a new 10k course record

Check out our website for more details and the fun run entry form

UKA Licence Number: 2015-12912

THIS EVENT IS SUPPORTED BY ARNISON HEELIS SOLICITORS, BRITISH GYPSUM, DAVID HAYTON PEUGEOT, DODD & CO, KIRKBY STEPHEN MOUNTAIN RESCUE, HOWGILL HARRIERS AND 1ST APPLEBY SCOUTS



POSTAL ENTRIES TO: Appleby Rotary 10k, Langton Field, Langton, Appleby, Cumbria, CA16 6JG

(If you require a receipt please enclose a self-addressed, pre-paid envelope)

Male/Female (please circle)

Category: Open/V40/V50/V60/V70/V80 (please circle)

Name _____ Age (on day of race) _____

Address _____

Club _____ UKA memb. no _____

Email address _____ Telephone _____

Please make cheques payable to: 'The Rotary Club of Appleby'

Disclaimer: I AGREE TO ABIDE TO THE RULES OF THE RACE LAID DOWN BY UK ATHLETICS AND BY THE ORGANISERS. I WILL ONLY COMPETE IF I AM IN GOOD HEALTH. I UNDERSTAND THAT I ENTER AT MY OWN RISK AND THAT THE ORGANISERS WILL NOT BE LIABLE FOR ANY INJURY ILLNESS OR LOSS OF PROPERTY AS A RESULT OF ME TAKING PART IN THIS EVENT.

